# Young-Onset Colorectal Cancer Virtual Patient Conference



Making Cancer History®

Saturday, May 20, 2023, 9 a.m.-2 p.m. (CST)

Co-Activity Directors: Y. Nancy You, MD, MHSc and Allison Rosen, MS

# **Overview**

Young-Onset of Colorectal Cancer is defined as colorectal cancer diagnosed at or under age 50 and is being increasingly diagnosed in the United States and across the globe. The University of Texas MD Anderson Young-Onset Colorectal Cancer (YOCRC) Program has its mission to offer the best integrated care for YOCRC across the cancer spectrum, including diagnosis, treatment, survivorship and prevention. We have organized the YOCRC Virtual Patient Conference to bring together YOCRC patients, survivors and caregivers from Texas, across the nation and internationally. The participants will advance their understanding of YOCRC, its genetic and non-genetic risk factors, stage-specific treatments, as well as the multi-dimensional impact of living with YOCRC. Participations will network with leading clinicians, researchers, patient advocates, and most importantly, each other. The Young-Onset Colorectal Cancer Patient Conference is dedicated to educating and empowering YOCRC patients, with the message that we are with you every step of the way.

# **Target Audience**

The primary target audience includes YOCRC patients, families and caregivers, while the entire colorectal cancer community is invited to tune into this virtual conference.

# **Objectives**

- To recognize both genetic and non-genetic risk factors associated with young-onset colorectal cancer and ongoing research in this field;
- 2. To learn updated knowledge regarding multidisciplinary oncologic treatments for young-onset colorectal cancer;
- 3. To recognize the psychosocial implications of being diagnosed with young-onset colorectal cancer for both the patient and family, and to describe supportive services and resources available; and
- 4. To provide an opportunity for patients to network with each other and with healthcare providers and to enhance support by building a patient community.

#### **Planning Committee Members**

Y. Nancy You, MD, MHSc (Activity Director)
Devon Harrison, BA, MBA
Benny Johnson, DO
Emily Novicky, CE (Activity Planner)
Allison Rosen, MS (Co-Director)
Grace Smith, MD

#### **MD Anderson Faculty**

# Benny Johnson, DO

Assistant Professor Gl Medical Oncology

#### Laurie McKenzie, MD

Clinical Associate Professor Gynecologic Oncology and Reproductive Medicine

#### Santhosshi Narayanan, MD

Associate Professor Integrative Medicine

#### Oliver Peacock, MBBS, PhD

Assistant Professor Colon and Rectal Surgery

### **Grace Smith, MD, MPH, PhD**

Associate Professor GI Radiation Oncology

#### Jason Willis, MD, PhD

Assistant Professor GI Medical Oncology

# Y. Nancy You, MD, MHSc

Activity Director Professor Colon and Rectal Surgery

#### Non MD Anderson Faculty

# Yin Cao, ScD, MPH

Associate Professor Washington University School of Medicine, St. Louis, Missouri

#### Andrea Cercek, MD

Professor

Memorial Sloan Kettering Cancer Center, New York, New York

# Allison Rosen, MS

Patient Advisory Council, MD Anderson YOCRC Program Director of Project ECHO, American Cancer Society Houston, Texas

# Young-Onset Colorectal Cancer Virtual Patient Conference Saturday, May 20, 2023, 9 a.m.-2 p.m. (CST)

9:00 - 9:05 a.m.	Welcome and Introduction Y. Nancy You, MD, MHSc and Allison Rosen, MS
9:05 - 9:50 a.m.	Why Young-Onset Colorectal Cancer: Risk Factors and Causes Yin Cao, ScD, MPH and Jason Willis, MD, PhD Q and A   9:35 - 9:50 a.m.
9:50 - 10:35 a.m.	What is New In Young-Onset Colon Cancer Ollie Peacock, MBBS, PhD and Benny Johnson, DO  O and A   10:20-10:33 a.m.
10:34 - 10:35 a.m.	A Mindful Minute
10:35 - 11:20 a.m.	What is New In Young-Onset Rectal Cancer Andrea Cercek, MD and Y. Nancy You, MD, MHSc  Q and A   11:05-11:20 a.m.
11:20 - 12:00 p.m.	Living With and Beyond Young-Onset Colorectal Cancer: Survivorship and Resources Grace Smith, MD, MPH, PhD and Lauren McKenzie, MD  Q and A   11:45 a.m12:00 p.m.
12:00 - 1:00 p.m.	Break for Lunch and Moderated Open Mic / Sharing Time
1:00 - 1:50 p.m.	Breakout Sessions Room 1: Research: What is Hot Yin Cao, ScD, PhD and Benny Johnson, DO  Room 2: Myths Vs. Facts: Dr. Google Santhosshi Narayanan, MD and Allison Rosen, MS
	Room 3: Genetics / Surgery / Everything else Jason Willis, MD, PhD and Y. Nancy You, MD, MHSc
1:45 - 2:00 p.m.	Closing Remarks Y. Nancy You, MD, MHSc and Allison Rosen, MS



