14TH ANNUAL Collective Soul Symposium

The Collective Soul: Embracing unity in caring and relieving suffering

March 7-8, 2025 Virtual activity

THE UNIVERSITY OF TEXAS MDAnderson Cancer Center





For more information, visit <u>http://www.spiritualityandhealth.org/events/css2025</u>

INTRODUCTION

Spirituality and religiosity are recognized as factors that contribute to quality of life and coping strategies in many persons facing life-threatening illnesses. These life-threatening events can also give rise to spiritual distress. When combined with chronic or acute pain and other physical and psychological symptoms, spiritual distress can be a component of a patient's total suffering, which the Palliative Care Team (The Collective Soul) seeks to alleviate, enhancing the human spirit and creating a healing environment in the middle of the distressful situation. The purpose of this course is to provide a better understanding of the Palliative Care Team's role in enhancing the Human spirit and relieving patient's bio-psychosocial and spiritual suffering.

DESCRIPTION

The purpose of this educational event is to provide community-based, hospital, chaplains, ministers and other interested healthcare professionals with skills for a better understanding of the Palliative Care Team role; embracing the human spirit of patients with advanced illness, multiple physical, psychosocial, spiritual, and religious issues.

Attendees at this conference will learn the principles of Palliative Care and Hospice, state-of-the-art physical, emotional, and spiritual symptom management, effective communication with patients and families at the end of life, and the integration of spiritual care into the Palliative Care practice.

OBJECTIVES OF THE SYMPOSIUM

- Describe the importance and the role of the interdisciplinary team in the Palliative Care and Hospice setting in the care of patients with advanced illnesses and their family in a multicultural environment.
- Apply the principles of management of different distressing physical symptoms of patients with advanced illnesses.
- Articulate the principles of management of distressing emotional and spiritual symptoms in patients with advanced illnesses and their families.

TARGET AUDIENCE

This important educational event is aimed at chaplains, ministers, clergy, spiritual care counselors, nurses, social workers, and other healthcare professionals delivering spiritual care in the community and healthcare facilities. Certificates for Attendance: CMEs, CNEs, CEUs, and Ethics credits will be provided.

SPECIALTY

Hospice and Palliative Medicine

EDUCATIONAL METHODS

- Didactic/Lecture
- Panel Discussions
- Question and Answer Sessions
- Case Presentations

EVALUATION/CERTIFICATES

An online course evaluation tool will provide participants with the opportunity to comment on the value of the program content to their practice decisions, performance improvement activities, or possible impact on patient health status. Participants will also have the opportunity to comment on any perceived commercial bias in the presentations as well as to identify future educational topics. Certificates provided upon completion of symposium evaluation.

ACCREDITATION/CREDIT STATEMENT

In support of improving patient care, The University of Texas MD Anderson Cancer Center is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

CREDIT DESIGNATION

The University of Texas MD Anderson Cancer Center designates this live activity for a maximum of 14.50 *AMA PRA Category 1 CreditsTM*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Texas MD Anderson Cancer Center designates this live activity for a maximum of 14.50 credit(s) of education in medical ethics and/or professional responsibility.

The University of Texas MD Anderson Cancer Center designates this live activity will award 14.50 Nursing Contact Hour(s).

The University of Texas MD Anderson (CEU Povider #4607) is an approved continuing education provider for Social Workers through the Texas State Board of Social Worker Examiners. This activity has been approved for continuing education units.

The University of Texas MD Anderson Cancer Center has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 14.50 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

THE 2025 STEVE THORNEY LECTURE IN SPIRITUAL CARE AWARD RECIPIENT



MARCIA BRENNAN PHD

Carolyn & Fred McManis Professor of Humanities Professor of Religion and Art History Department of Religion Rice University Houston, Texas

FORMER RECIPIENTS

George Fitchett, DMin, BCC, PhDh Professor and the Director of Research Department of Religion, Health, and Human Values Rush University Medical Center Chicago, Illinois

Christina Puchalski, MD

Professor and Director George Washington Institute for Spirituality for Spirituality and Health George Washington University Washington, District of Columbia

Tracy A. Balboni, MD, MPH

Associate Professor and Clinical Director Supportive and Palliative Radiology Oncology Dana-Farber/Harvard Cancer Center Boston, Massachusetts

Rev. George Handzo, BCC, CSSB Director Health Services Research &

Quality HealthCare Chaplaincy Network: Caring For The Human Spirit[™] New York. New York

John K. Graham, MD

President & CEO Institute of Spirituality and Health Houston, Texas

Farr A. Curlin, MD

Josiah C. Trent Professor of Medical Humanities Co-Director, Theology, Medicine and Culture Initiatives at Duke Divinity School Duke University Durham, North Carolina

Betty Ferrell, RN, PhD, MA, FAAN, FPCN, CHPN

Director and Professor Nursing Research and Education Population Sciences City of Hope National Medical Center Duarte, California

Daniel P. Sulmasy, OFM, MD, PhD

Professor, Biomedical Ethics Senior Research Scholar, Kennedy Institute of Ethics Georgetown Unviersity Washington, District of Columbia

Eduardo Bruera, MD, FAAHPM

Chair, Palliative, Rehabilitation & Integrative Medicine MD Anderson Cancer Center Houston, Texas

Karen E. Steinhauser, PhD

Professor, Population Health Services and Medicine Associate Chief, Research Palliative Care Duke University Medical Center Durham, North Carolina

AGENDA | FRIDAY, MARCH 7

All times are Central Standard Time (CST)

7:30-8:00 am	Registration	
8:00-8:15 am	Welcome	Marvin Omar Delgado-Guay, MD
8:15-8:30 am	Opening Blessings	Marvin Omar Delgado Guay MD Smitha G Mallaiah MS. Steve Thorney, MDiv Donna Zhukovsky, MD
8:30-9:10 am	Palliative Care: A human right for all. Managing distressful symptoms of patients with advanced illness.	Eduardo Bruera, MD
9:10-9:50 am	Embracing spirituality in our daily practice. Compassion in Action for Everyone.	Marvin O. Delgado Guay, MD
9:50-10:00 am	Introduction of the 2025 Steve Thorney Award Lecture to Marcia Brennan PhD.	Marvin Omar Delgado-Guay, MD Eduardo Bruera, MD
10:00-11:00 am	The 2025 Steve Thorney Lecture in Spiritual Care: Creating Unity and Healing Through Literary and Narrative Art	Marcia Brennan, PhD.
11:00-11:10 am	Break	
11:10-11:50 pm	Cultivating Gratefulness, Happiness, and Peace in patients with advanced illness	Anne Vandenhoeck, PhD
11:50-12:30 pm	Exercising Hope in Palliative Care Is Celebrating Spirituality	Ana Isabel Fernandes Querido PhD
12:30-1:10 pm	Spiritual well-being and decision making in patients living with advanced illness.	Bella Vivat MD
1:10-1:30 pm	Lunch	
1:30-3:00 pm	How do I want to be cared for when I become Seriously III: Religious perspectives about life, illness, miracles, and care decision making and death.	Islam: Shaykh Basem Hamed MD Jewish: Rabbi Dan Gordon Hindu: Smitha G Mallaiah, MS, C-IAYT Buddhist: Alejandro Chaoul PhD Christian: Joe R. Crosby, MDiv
3:00-3:40 pm	Approaching Ethical, Clinical, and Spiritual Dilemmas Found While Caring for Patients With Serious Illness.	Sylvia Klauser PhD, BCC, ACPE-Ce Donna Zhukovsky MD
3:40-4:20 pm	Advancing the field of Spiritual Care through Collective Clinical Practice, Education and Research	Christina Puchalski, MD
4:20-4:30 pm	Break	
4:30-5:30 pm	Promoting Integration among Clinicians, Community Spiritual/Religious Leaders, and Chaplains. A Call for All.	Csaba Szilagyi Mdiv Jorge Espinel, MDiv
5:30-6:00 pm	A Healing Laugh for the Soul: Laughter Yoga	Stephen Findley MDiv
6:00 pm	Adjourn	

AGENDA | SATURDAY, MARCH 8

Il times are Central Standard Time (CST)

8:00-8:05 am	Welcome	Marvin Omar Delgado Guay MD
8:05-8:15 am	Opening Blessings	Richard W. Bauer, MM, BCC, LCSW
8:15-9:00 am	Beyond Diagnosis: Relieving Suffering and Embracing Unity	Chaplain Cynthia Johnson, MDiv, BCC Beth Muehlhausen, PhD, MDiv, BCC Chaplain Shamra Hodge, MA Chaplain Jonatan Amaya, MTS, BCC
9:00-9:40 am	The Collective Soul in Action: Interdisciplinary Care for Those in Suffering and Caring for Ourselves.	Marvel Bartley, MSRN, RN, CMSRN, FNP-C 0 Avery Virgilio, MS, APRN, FNP-C, ACHPN-C
9:40-10:30 am	Living the Integration of Bio-Psychological and Spiritual Care Models for Children in Suffering	Ann-Yi Sujin PhD Richard W. Bauer, BCC, LCSW Nelda Itzep, MD
10:30-11:10 am	Working Hand to Hand, the Impact of Spirituality as Service of Excellence in the Health Care of the Community	<i>Stuart Nelson, MA - President, Institute of Spirituality and Health</i>
11:10-11:20 am	Break	
11:20-12:00 pm	Categorical Suffering and Resilience in Patients Living With Serious Illness	Marta Gordon-Duffis, MsChap, MDiv, BCC, BCPC Justin Halterman, MD Grace LaTorre, DO, MS, FACP
12:00-12:40 pm	"Everything Stopped after My Loved One Died." Supporting Caregivers in the Grief and Bereavement Process	Chris Nagel, M.Div., BCC
12:40-1:20 pm	Navigating Serious Illness with He(Art)	Marie J Deschamps, MA
1:20-1:55 pm	A Healing Melody For The Soul of People in Suffering	Ingrid Moeller, MA, MT-BC
1:55-2:00 pm	Adjourn, Evaluation	

The University of Texas MD Anderson Cancer Center has implemented a process whereby everyone who is in a position to control the content of an educational activity must disclose all financial relationships with any commercial interest that could potentially affect the information presented. Specific disclosure will be made to the participants prior to the educational activity.

Agendas are subject to change because we are always striving to improve the quality of your educational experience. MD Anderson may substitute faculty with comparable expertise on rare occasions necessitated by illness, schedule conflicts, and so forth.

Photographing, audio taping and videotaping are prohibited.

The University of Texas MD Anderson Cancer Center does not endorse the commercial products, equip-ment, or services presented by program supporters and/or exhibitors.

Please let us know what specific topics, issues or questions you wish to see addressed or emphasized in this activity. E-mail Continuing Professional Education at ContinuingEducation@MDAnderson.org. All responses will be forwarded to the Activity Directors for consideration.

All statements and opinions contained herein are solely those of the individual speakers and may not reflect those of The University of Texas MD Anderson Cancer Center.

SPEAKERS

MD ANDERSON SPEAKERS

Sujin Ann-YI, PhD Psychologist Department of Palliative, Rehabilitation, and Integrative Medicine

Eduardo Bruera, MD Professor and Chair Department of Palliative, Rehabilitation, and Integrative Medicine

Joe R. Crosby, MDiv Senior Spiritual Care Provider Department of Spiritual Care and Education

Marvel Bartley, MSRN, RN, CMSRN, FNP-C Advanced Practice Provider Department of Palliative, Rehabilitation, and Integrative Medicine

Marvin Omar Delgado-Guay, MD Professor Department of Palliative, Rehabilitation, and Integrative Medicine

Marie J. Deschamps, MA Art Psychotherapist Department of Pain Medicine

Ingrid Moeller Music Therapist Department of Palliative, Rehabilitation, and Integrative Medicine

Sylvia Klauser PhD, BCC, ACPE-Ce Senior Spiritual Care Provider Department of Spiritual Care and Education

Avery Virgilio, MS, APRN, FNP-C, ACHPN-C Advanced Practice Registered Nurse Department Palliative, Rehabilitation, and Integrative Medicine

Donna S. Zhukovsky, MD Professor Department of Palliative, Rehabilitation, and Integrative Medicine

Smitha G Mallaiah, MSc, C-IAYT, PhD(c) Sr. Mind-Body Intervention Specialist Department of Palliative, Rehabilitation & Integrative Medicine

ADVANCED COURSE ADVISORY COMMITTEE

Activity Course Director Marvin Omar Delgado-Guay MD

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John Graham, Emeritus President ISH

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Malory Lee, LCSW

Gabriel Lopez, MD

Stuart Nelson, President, Institute for Spirituality and Health

Kimmie Tallie, APRN

Marian Taylor, DNP, Nurse Educator

Reverend Steven Thorney

Chaplain Cletus Udoh

Avery Virgilio, APRN

Joanna Martin, ISH Communications Manager

Cybil Saenz ISH Operations Manager

SPEAKERS cont.

GUEST SPEAKERS

Jonatan Amaya, MTS, BCC Chaplain Spiritual Care and Education Houston Methodist Hospital Houston, Texas

Richard W. Bauer, MM, BCC, MSW Chaplain George Washington University

Rabbi Dan Gordon, MA Temple Beth Torah Houston, Texas

Marta Gordon-Duffis, MsChap, MDiv, BCCC, BCPC Palliative Care Chaplain Stony Brook University Hospital Stony Brook, New York

Alejandro Chaoul, PhD

Huffington Foundation Endowed Director Mind Body Spirit Institute Jung Center of Houston Houston, Texas

Reverend Jorge Espinel, MDiv, BCC Palliative Care Chaplaincy Centro Medico Imabanaco Cali, Colombia

Shamra Hodge

Community Focus Chaplain Houston Methodist Hospital Houston, Texas Chaplain (Community Focus) Cynthia A. Johnson, MACE, MS, APC-BCC Senior Palliative Care Chaplain Houston Methodist Hospital

Beth Muehlhausen

Chaplain Researcher Houston Methodist Hospital Houston, Texas

Chris Nagel, MDiv, BCC

Hospice Bereavement Chaplain VITAS Healthcare Houston, Texas

Christina Puchalski, MD, MS, FACP, FAAHPM

GWish Founder and Executive Director The George Washington University's Institute for Spirituality and Health (GWish) Washington, District of Columbia

Ana Isabel Fernandes Querido, PhD

Instituto Politécnico de Leiria Escola Superior de Saúde: Leiria, Leiria, Portugal

Csaba Szilagyi

Director, Transforming Chaplaincy Assistant Professor and Director of Research Department of Religion, Health and Human Values Rush University Medical Center

Bella Vivat, MD

Principal Research Fellow Marie Curie Palliative Care Research Department University College London London, United Kingdom

REGISTRATION INFORMATION

LIVE INTERNET EVENT

The two-day Collective Soul Symposium will begin on Friday, March 7, 2024, with Opening Remarks at 8:00 a.m. and will adjourn for the day at 6:00 p.m. The symposium will reconvene on Saturday, March 8, 2024, at 8:00 a.m. and adjourn at 1:30 p.m.

Advanced registration is encouraged.

Course registration includes on-line materials, presentation video recordings and PowerPoint presentations.

Registration Fees

- Physicians: \$175.00
- Nurses: \$100.00
- General Attendees: \$85.00
- All Students: \$50.00 (Students need to write a statement with reasons requesting assistance for a reduced rate)

To Register, visit:

http://www.spiritualityandhealth.org/events/css2025

When registering online a receipt/confirmation letter will be automatically e-mailed to the e-mail address you list on the registration form.